

Edmond Family Counseling FY 2023 Budget Information

Projected Income: \$780,605

Percentage Breakout from Funding Sources

Okla. Office of Juvenile Affairs- 44%

City of Edmond – 27%

Local – 33%

Edmond Public Schools – 16%

Projected Expenses: \$814,609

Percentage Breakout of FY 2023 Budget for Expenses

Personnel -63%

Operational – 37%

Edmond Family Counseling FY 2022 Board of Directors

EFC is a 501(c)(3) and is governed by a volunteer Board of Directors. In FY 2022, the EFC Board consisted of 11 individuals from our community. EFC Board meetings comply with all standards and laws of the Oklahoma Open Meetings Act and are scheduled for the last Tuesday of every month except December. Current board meeting agendas are posted in the EFC lobby and minutes of board meetings are available upon request.

EFC FAST FACTS

EFC was started in the 1970s as a community response to the murder of a local juvenile. In an effort to support and provide structure for youth, “The Looking Glass” recreational center was created which slowly evolved over time into Edmond Family Counseling.

EFC is a member of the Oklahoma Association of Youth Services and is accredited by the international Commission on Accreditation of Rehabilitative Facilities (CARF). Additionally EFC’s DUI programs are certified by the Oklahoma Department of Mental Health and Substance Abuse Services

EFC does not accept insurance and provides individual and family counseling services on a sliding fee scale based on income and number of family members

EFC is committed to improving the field of counseling and works closely with state higher education institutions to provide quality internship placement to students pursuing a master’s degree in counseling. Most of EFC’s current clinical staff members were once a part of EFC’s internship program



Mission Statement

Edmond Family Counseling is committed to strengthening families and our community by championing mental health through prevention, education, and counseling

Edmond Family Counseling FY 2023 Staffing

Number of Full-time Clinical Staff:	6
Number of Part-time Clinical Staff:	2
Number of Contract Clinical Staff:	3
Number of Professional Interns:	3
Number of Full-time Support Staff:	2
Number of Part-time Support Staff:	2
Number of Professional Volunteers:	1

FY 2022 Annual Agency Performance Report

August 30, 2022

Edmond Family Counseling FY 2022 by the Numbers

Average Number of Active Open Cases
per Month: **179**

Number of Individuals Assisted with the
Completion of Court Requirements: **531**

Number of Edmond Public School Students Served:

Boulevard Academy Small Group
Counseling Support: **143**

GirlStrong Day Camp Participants: **32**

Elementary School Groups (“5th Grade
LifeSkills Boot Camp”, “Calm Academy”
and Testing Preparation workshops:
3153

Individuals assisted via 24/7 On-call Crisis
Intervention Phone or Walk-In Sessions
127

Number of Community Members Impacted
through Counseling/Crisis Intervention
Services, Psycho-educational Groups,
School-Based Curriculum Programs,
Substance Abuse Assessments, DUI
Assessments, DUI Schools, Juvenile Court
Assessments, Juvenile Court Prevention
Groups, Drug Testing Services, Mental
Health Referral Assistance, Speaking
Engagements and Mental Health Related
Articles and Social Media Posts
19,952

Current Services

EFC Provides the Following Mental Health Services to the Community:

- Individual, Couples and Family Outpatient Counseling Services
- 24/7 Crisis Intervention Services
- 24/7 On-call Assistance to the Edmond Police Department
- Crisis response services for schools
- Mental Health Referral Resources
- Juvenile Alcohol and Drug Assessments
- Edmond Juvenile Court Pre-Adjudicatory Assessments
- First Time Offender Program (SKILLS) for Juvenile Offenders and their Families
- Juvenile Substance Abuse Group (ASAG)
- Juvenile Anger Management classes (RESOLVE)
- Juvenile Drug Testing Services
- BEEDMOND App
- “5th Grade LifeSkills Boot Camp”: A middle school preparation program
- “Calm Academy”- Emotional regulation instruction for the elementary student
- Small Counseling Support Groups for Boulevard Academy
- GirlStrong Day Camp services
- Mental Health Related Articles and Blogs
- Internship Program for Master’s Level Counseling Students
- Continuing Education trainings for Mental Health Professionals and Educators
- Speaker’s Bureau which provides mental health prevention and education trainings and workshops for organization and individual in our community.
- Founding Member of the Central Oklahoma Suicide Task Force and the Edmond Mental Health Substance Abuse Coalition

FY 2022 Outreach Services

GirlStrong Day Camps

Edmond Family Counseling received grant funding from the Oklahoma Office of Juvenile Affairs to host and facilitate a half-day (15 hour) day camp to provide upper elementary girls in the community the opportunity to access evidence-based life skills instruction. 32 participants completed this program in FY 2022.

Speakers Bureau

In FY 2022, Edmond Family Counseling provided monthly mental health related trainings for the community which served 2489 individuals. These trainings focused on a wide range of psycho-educational and prevention topics, such as self-care, anxiety depression, anger management, emotional regulation, trauma and dealing with grief and loss.

Edmond Mental Health Substance Abuse Coalition (EMHSAC)

Understanding the need for professional collaboration, EFC has worked with local mental health providers and agencies to form EMHSAC. It is hoped that this organization will be able to provide professional training opportunities as well as identify quality referral sources for those in our community seeking mental health services.

Prevention Dollars and Cents*

Effective school-based prevention programs could after two years implementation offer taxpayers the following savings:

- \$36 million to \$199 million in juvenile justice costs
- \$383 million to \$2.1 billion in education costs
- \$68 million to \$360 million in health services costs

(As per SAMHSA and CSAP data*)

Service Performance Indicators

Client Satisfaction/Follow-up Surveys

All clients engaging in counseling services at Edmond Family Counseling are provided with a written satisfaction survey upon completion of their comprehensive treatment plan, treatment plan reviews and prior to discharge from services.

Additionally, clients, who have previously given their consent at intake, may be randomly selected after discharge to participate and give input on service satisfaction via the client follow-up survey.

FY 2022 Client Satisfaction Survey Results

100% (*) of surveyed participants agreed they “felt involved in treatment planning”, “benefited from services” and “would refer others to EFC for services”

100% (*) of surveyed participants indicated their “counselor was on time and kept scheduled appointments”

100% (*) of surveyed participants indicated they “felt concerns were handled in a confidential way”

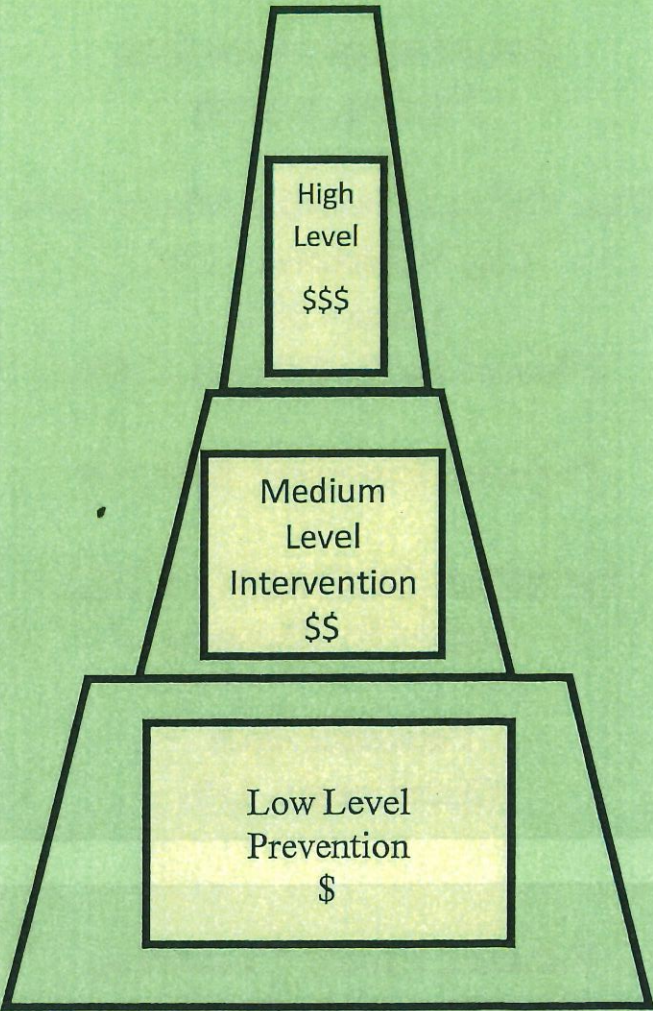
(*)% of clients surveyed who responded they strongly agreed, agreed or somewhat agreed to survey questions

All clients have the opportunity to evaluate EFC services on the agency’s social media platforms and on Google. Input provided by persons served online are collected and included in the agency’s annual management report.

Stakeholder Satisfaction Survey

This survey is sent to EFC stakeholders on an annual basis. Results of the FY 2022 surveys are available for review upon request.

Prevention in Action



Levels of State and Community Funded Mental HealthCare

High Level of Care

Inpatient and Residential program or secure facilities. Average spent per year per client: \$90,000+

Medium Level of Care

Outpatient programs. Average spent per year per client: \$1,900

Low Level of Care

Prevention and Psycho-educational programs. Average spent per year per client: \$ 298